
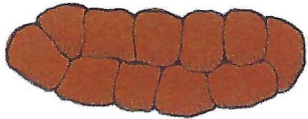







BRISTOL STOOL CHART		
1		Separate, hard lumps; hard to pass; constipated; nuggets; pebbles; rabbit droppings
2		Sausage-shaped but lumpy; somewhat difficult to pass; bunch of grapes
3		Sausage with cracks on the surface; near-perfect poop; corn on the cob
4		Sausage; snake; banana; smooth; soft; nut butter consistency
5		Soft blobs with clear-cut edges; easily passes; chicken nuggets
6		Fluffy pieces with ragged edges; mushy with ragged edges; mushy stool; porridge
7		Watery; no solid pieces; liquid; gravy

POOP. IT'S YOUR BEST DIAGNOSTIC TOOL. LEARN WHY: [DIGESTIVEINTENSIVE.COM](https://www.digestiveintensive.com)